



Dermal Fillers Aftercare

- Immediately after the treatment, there may be slight redness, swelling, tenderness and an itching sensation in the treated area. This is a normal result of the injection. The inconvenience is temporary and generally disappears in a day or two. If the inconvenience continues or if other reactions occur, please contact the practice.
- You can apply an ice pack gently to the treated area for additional comfort. This will help reduce the initial swelling.
- If you are having lip treatment the initial swelling may last longer. It can last for about a week and the lips may look larger and somewhat uneven during this time, therefore, the result directly after this treatment should not be seen as the final result.
- Avoid touching the treated area within 6 hours following treatment. After 24hrs light makeup can be applied and the area can be gently washed with soap and water. Wait 48hrs for lips
- Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (eg. Sauna and Sunbathing) or extreme cold.
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another eruption of cold sores. If so, please contact the office.
- If you are using aspirin or any other blood thinners, be aware that these may increase the bruising and bleeding at the injection site.
- Since the dermal filler is absorbed, the correction effect reduces over time. Most people choose to be treated again within six months of the original treatment.
- You may use over the counter pain relievers such as acetaminophen as needed for comfort.
- Contact the practice if bruising, swelling, pain, redness and itching continues for more than 2 weeks after treatment

Provider Signature:

Patient Signature:
