



HALO POST-TREATMENT

- Immediately following your treatment you may experience a burning feeling, but this will subside quickly. Don't put anything on your skin for the first 4 hours. You can also encourage your healing process by drinking lots of water.
- Within the first 12 hours post-treatment, you may notice some warmth or pinpoint bleeding. Not to worry — this is common and expected. The bleeding will subside quickly and the warmth should be gone after a 24 hour period.
- Following your treatment, you are likely to experience some redness, swelling, and sensations similar to a sunburn. The swelling will only last 2-4 days. Usually the redness peaks about 3 days after the treatment and begins to subside within a week.
- Over the course of the following week, your skin may begin to look darker and flake off. This peeling process lasts for 5-7 days on the face, but may take up to 2 weeks for any other part of the body. The skin that is left behind will be naturally rosy pink and glowing, but this pinkness gradually fades.
- To optimize your comfort as well as your results, do not exfoliate your skin or try to peel it manually, as this may result in scarring or hyperpigmentation. Cleanse your skin gently twice a day. Avoid excessive sweating for the following 2 weeks and sun exposure for 4 weeks after treatment.
- ***You may resume your regular skincare and makeup routines after a week. Use sunscreen daily! Then enjoy your Halo glow!***

Provider Signature:

Patient Signature:
