



Post Care for Neuromodulator Treatments

- Pinpoint bleeding may occur and will resolve quickly.
- Any immediate redness will subside within an hour and maybe covered with makeup.
- Rarely, patients may develop mild bruising and or sensitivity around the injection site. This will resolve within 7-10 days after treatment. Apply cold compresses as desired.
- Do NOT manipulate the treated area for 3 hours following treatment. Do NOT receive facial/ laser treatments or microdermabrasion after injections for at least 10 days. Ask your provider if you are not sure about the time frame of certain services.
- Some providers believe that smiling and frowning right after Botox treatments helps the Botox find its way to the muscle into which it was injected after treated.
- Do NOT lie down for 4 hours after your Botox treatment. This will prevent the Botox from tracking into the orbit of your eye and causing drooping eyelid.
- It can take approximately 4 to 7 days for results to be seen. If the desired result is not seen after 2 weeks of your treatment you may need additional injections.
- Do NOT perform activities involving straining, heavy lifting, or vigorous exercise for 6 hours after treatment. This will keep the Botox in the injected area and not elsewhere

WHAT TO EXPECT

- The injection sites may be tender and appear puffy for up to 7-10 days.
- You will have a follow-up assessment 2 weeks post-treatment.
- The injected area may feel lumpy a few hours after injection, if prolonged lumps occur, the clinic would like to see you for follow-up.
- If you experience any prolonged symptoms or an increase in discomfort or swelling the clinic would like to see you for immediate follow-up.

Provider Signature:

Patient Signature:
